

Guided Revision

30 school weeks

You have 30 school weeks until your exams start

Metacognitive strategies... or thinking about thinking



Learning objectives

By the end of this lesson you will have an understanding of what we mean by metacognitive strategies.

You will have reviewed the strategies that work/ don't work for you.

Watch the clip and then answer the questions

https://www.youtube.com/watch?v=P_b44JaBQ-Q

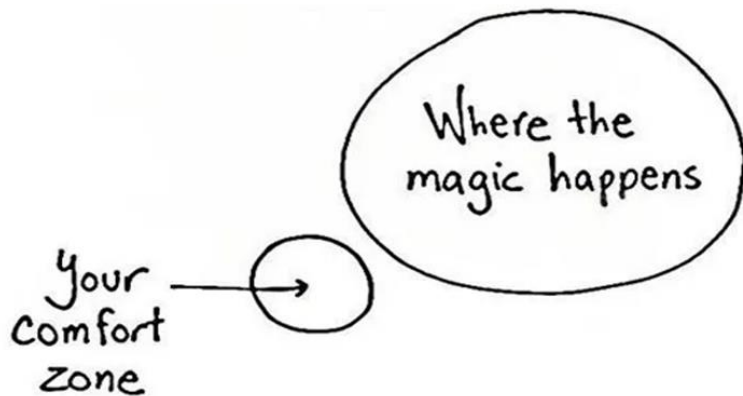
Work in silence to answer the questions and then discuss with a partner before you share your ideas as a class

1. What is metacognition?
2. From the video write down (a minimum) of 3 ideas of things you could try to improve the way you think
3. Choose one idea that you could try in the next week.

How well do you know how YOU learn/think? Use a piece of paper to review what you know about your learning

Think about ways you learn in class, when you work independently and how you revise..

Things in my comfort zone are...
(ways I like to learn)



Challenging ways of learning are...
(ways of learning that you might not choose but you find helpful)



Things in my fear zone are...
(ways of learning that switch you off or you hate)





This half term in your guided revision we will look at a range of metacognitive strategies.

You will be thinking about thinking

You will be able to move your learning from the comfort zone to the growth zone.

Decide on one idea that you will try in the next week